Substance Use Interview

Outcome Addressed: Examine factors that influence decisions regarding substance use and abuse.

Step 1: Interview an adult (not a parent/guardian) You must ask 10 substance based questions)

Sample questions to ask:

At what age did you start using substances (smoking/drinking)?

What was the reason for trying?

What kind of drugs or substances have you used?

What precautions do you plan for when deciding to partake in substance use?

What advice would you give to youth regarding substance use and abuse?

Step 2: Reflect on the interview.

Ideas to reflect on include but are not exclusive to:

Has your opinion of the individual that you have interview changed? Why or why not? What are your thoughts regarding substance use and abuse? Are they similar to the individual you interviewed? How? Are they different? How? Did the interview shed light on anything that made you experience an epiphany? Explain.

Requirement: One page, typed, size 12 font. Please indicate who you interviewed and what your connection with that person is.

Rubric: Complete or Incomplete